

PRESS RELEASE

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FOR IMMEDIATE RELEASE

Zonta Club of Mankato Presents Walk a Mile in Her Shoes®

Zonta Club of Mankato to host **Walk a Mile in Her Shoes®**: The International Men's March to Stop Rape, Sexual Assault & Gender Violence on April 19, 2015 at Riverfront Park. Proceeds from this event will benefit the Committee Against Domestic Abuse (CADA), a Mankato-based organization that serves individuals and families impacted by domestic violence, sexual assault and child abuse.

Walk a Mile in Her Shoes® is the International Men's March where men walk one mile in women's high-heeled shoes as a symbolic gesture to raise awareness on the issue of violence against women. This event provides an abundant opportunity to get people talking. For preventive education, it helps men better understand and appreciate women's experiences, thus changing perspectives, helping improve gender relationships and decreasing the potential for violence. For healing, it informs the community that services are available for recovery. It demonstrates that men are willing and able to be courageous partners with women in making the world a safer place. Domestic violence affects our entire society, and all of us can make a difference.

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Zonta Club of Mankato is part of an international organization whose primary focus is improving the status of women worldwide. This is accomplished by working in partnership with the United Nations on several medical and economic endeavors as well as providing several international and local scholarships. Local clubs, such as ours, work within their communities to help improve the status of women – via scholarships, financial support and volunteering. Zonta Says No (to domestic abuse) is an international campaign to end domestic violence.

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